

Meeting Codes

O- Open to all who are interested	C- Closed – Members Only (3 rd Tradition)
D- Discussion	H- Handicap Access
BB- Big Book Study	S- Smoking Meeting
SS- Step Study	SP- Speaker
TS- Tradition Study	BD- Birthday Meeting
ST- Steps&Traditions	BG- Beginners Mtg

Sunday

O/D	Eye Openers	7:15am
O/D	300 Club Sunday Serenity	10:00am
O/D	Anchor Club	10:30am
O/D	Anchor Club	5:30pm
C/D/S	300 Club No. 1	6:00pm
O/BG	Eye Openers Beginners Mtg	7:00pm
O/D	Anchor Club	8:00pm
BD	(Birthday Last Sun)	

Monday

O/D	Eye Openers	7:15am
O/D	Anchor Club	12:00pm
O/D	No Smoke Group	12:00pm
O/D	300 Club Welcome Home	5:30pm
O/D	Anchor Club	5:30pm
O/D	Fellowship in Recovery (Men)	7:00pm
O/BB	12x12 Group	8:00pm
O/D	Anchor Club	8:00pm

Tuesday

O/D	Eye Openers	7:15am
C/D	300 Club Women's Meeting	12:00pm
O/D	Anchor Club	12:00pm
O/D	No Smoke Group	12:00pm
O/D	300 Club Welcome Home	5:30pm
O/D	Anchor Club	5:30pm
O/D	Bad Wolf Group	5:30pm
O/BB	New Creations Group	7:30pm
O/D	Anchor Club	8:00pm

Wednesday

O/D	Eye Openers	7:15am
O/D	Anchor Club	12:00pm
O/D	No Smoke Group	12:00pm
O/D	300 Club Welcome Home	5:30pm
O/D	Anchor Club	5:30pm
O/ST	12x12 Group	8:00pm
O/BB	300 Club No. 1	8:00pm
O/D	Anchor Club	8:00pm

Thursday

O/D	Eye Openers	7:15am
O/D	Anchor Club	12:00pm
O/D	No Smoke Group	12:00pm
O/BB	300 Club Welcome Home	5:30pm
O/BB	Anchor Club	5:30pm
O/D	Bad Wolf Group	5:30pm
O/D	Bridge to Shore Group	7:00pm
O/BB	Fellowship in Recovery (Men)	7:00pm
O/D	Anchor Club	8:00pm

Friday

O/D	Eye Openers	7:15am
O/D	Anchor Club	12:00pm
O/D	No Smoke Group	12:00pm
O/D	300 Club Welcome Home	5:30pm
O/D	Anchor Club	5:30pm
O/D	Keep It Simple	7:00pm
O/D	12x12 Group	8:00pm
SP	(Speaker Last Fri)	
O/D	Anchor Club	8:00pm

Saturday

O/D	Eye Openers	7:15am
O/D	300 Club Welcome Home	9:00am
O/D	Saturday Men's Group	10:00am
O/D	300 Club Women's Meeting	12:00pm
O/D	Anchor Club	12:00pm
O/D	No Smoke Group	12:00pm
O/D	Anchor Club	5:30pm
O/D	300 Club No. 1	8:00pm
BD	(Last Sat: Birthday; potluck 6:30, meeting 7:30)	
O/D	Anchor Club	8:00pm
SP	(Speaker First Sat)	

Al-Anon Meetings

www.wyomingal-anon.org

Monday

S.O.S.

O/D	Laramie County Library	12:00pm
	2200 Pioneer Ave	

Tuesday

Serenity #1

O/D	300 Club - 300 Derr Ave	7:30pm
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Wednesday

Wednesday Step Study

O/D	Laramie County Library	7:30pm
	2200 Pioneer Ave	

Thursday

Thank God It's Thursday

O/D	Laramie County Library	12:00pm
	2200 Pioneer Ave	

Thursday Afternoon

O/D	VA Chapel	4:00pm
	2360 East Pershing Blvd.	

Friday

O'DAT Friday Night

O/D	Holy Trinity Church Educ Bldg	8:00pm
	2530 East 18 th St	

Saturday

O/D	Faith Methodist Church	10:30am
	522 East 6 th (6 th & Maxwell)	

Laramie, WY

Easy Does It

O/D	Trinity Methodist Church	Sunday
	107 South 7 th St	6:30pm
		Thursday
		5:30pm

Alateen Support Group

All Alateens are welcomed and encouraged to attend Al-Anon meetings